

People and Real Estate

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Harnessing Real Estate Design & Technology for People

**Delos**<sup>™</sup>  
Innovate. Well.

# WHAT DETERMINES THE STATE OF HEALTH?



Source: Institute of Medicine. *Understanding and Promoting Health*. Washington, DC: National Academies Press; 2008. <http://www.nap.edu/catalog/11491.html>



The WELL Building Standard

The leading tool for advancing health & well-being in buildings and communities globally.



AIR



WATER



NOURISHMENT



LIGHT



FITNESS



COMFORT



BIODESIGN



WELL PROJECTS **980+**

SQUARE METERS **16 MM**

WELL COUNTRIES **35**

UAE PROJECTS **14**

- XWorks Interiors office
- du headquarters
- Hoafaq Al Gaddah (MAG) Group's multifamily residential development in Healthcare City
- Zulekha Hospital in Sharjah
- Alpin Limited (Masdar City)



To deepen our understanding about the indoor environment's affect on human health and well-being, Delos and Mayo Clinic have collaborated to create the Well Living Lab™.

The Well Living Lab is the first scientific research center that uses exclusively human-centered research to understand the interaction between health and well-being and indoor environments. The Lab offers an unprecedented degree of control over research variables through a modular, reconfigurable space that simulates a wide variety of real-world environments.

The Well Living Lab aims to partner with companies that want to help generate new knowledge, and interact with experts from a wide range of scientific, medical and technical backgrounds.

# HOSPITALITY

# STAY WELL™

## WELLNESS BACKED BY SUBSTANTIAL RESEARCH

Developed by Delos, Stay Well™ is redefining hospitality by incorporating a myriad of in-room design features, amenities and services to help maximize the guest experience and minimize the impact that travel has on the human body. Combining medical research with engineering and technological advancements into hotel rooms, Stay Well sets the new standard in hospitality.

## ROOMS BUILT FOR HUMAN PERFORMANCE

Stay Well was created from the belief that as we travel for business and pleasure, we deserve environments that positively impact our health, happiness and well-being. When away from home, our daily biological rhythms can be disrupted – and we may be exposed to countless variables, environmental hazards, and discomforts. Stay Well is designed to mitigate these variables by introducing scientifically validated features into the guest room to support health, vitality, relaxation and well-being.

## BENEFITS

BETTER AIR QUALITY

ENHANCED AMBIENCE

BETTER REST

RAPID JET LAG ADJUSTMENT

INCREASED ENERGY

IMPROVED NUTRITION





# DARWIN

HOME WELLNESS INTELLIGENCE

The World's First Home Wellness Intelligence platform designed to improve human health, well-being and performance for you and your family.

# UAE INITIATIVES ALIGNING WITH WELL





**Delos**<sup>TM</sup>  
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